

Cameo

Day centres for people with memory problems



Spelthorne Borough Council

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- Geoff Pointon
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www.cameodaycentres.org.uk



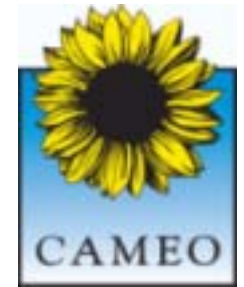
An overview

**Founded in 1990 by
St Nicholas' Church, Shepperton**

Cameo provides much needed respite for the carers of people with memory problems through stimulating activities at our day centres in the Borough of Spelthorne

We look after people with dementia, an umbrella term which is used to cover a number of quite specific illnesses: Alzheimer's disease, Frontal lobe dementia, Korsakoffs syndrome, Vascular dementia, Lewy body disease and Picks disease.

Run by an independent team of trustee's, volunteers & employees.



The day centre experience

- Transport:
 - Spelride
 - Carer's
- Activities:
 - Tea/coffee/biscuits
 - And:
 - Quizzes
 - White board topics
 - Physical activities (bowling, golf, quoits, darts, skittles, velcro board)
 - Puzzles
 - Dominoes
 - Cards
 - Bingo
 - Crafts
- Choice of Lunch



Out & about Friday's

- Transport:
 - We collect with a loaned mini-bus
- Activities:
 - Tea/Coffee at a local community venue
 - And:
 - Bowling, Heathrow
 - Top Golf, Addlestone
 - Garden Centres
 - Saville Gardens
 - Fair Oaks Airport
 - The Lightbox Gallery, Woking
 - Walking at a number of locations
- Lunch on route or at the venue



Benefits to the community

- Respite for the carer:
 - High-value, low-cost services
 - Door-to-door service
- Support for the carer:
 - Information on other services
- Enable people to stay at home longer:
 - Maintaining a stable environment
 - Reducing the risk of social exclusion
 - Reducing overall cost of care
- Stimulation through person centred care:
 - Companionship with each other
 - Programme of occupational activities
 - Increasing confidence & self-esteem
- The team:
 - Established & experienced
 - Caring & highly motivated
 - Independent & flexible
 - High team to attendee ratio



Major partners

- Transport:
 - Spelride – Accessible Transport Service
 - Fordbridge Centre – Mini-Bus
 - F Harrision & Son – Community Mini-Bus
- Venues:
 - Greeno Centre, Shepperton
 - Salvation Army Hall, Ashford
- Primary Funders:
 - Surrey County Council
 - NHS PCT
- Offices:
 - Spelthorne Community Link
- Partnerships:
 - Bradbury Centre Carer Cafe
- Referrals:
 - Social Services, Knowle Green
 - Mental Health Team, The Beeches
 - Carer Support, Community Link
 - Greeno Centre
 - Meals on wheels
 - Spelride
 - Alzheimer's Society
 - Internet search
 - Local GP Surgeries
- Support Organisations:
 - Surrey Community Action
 - Surrey Community Foundation
 - VAIS
 - RAVS



A growing organisation

Day	Venue	# of places			
		2009/10	2008/9	2007/8	2006/7
Monday	Greeno Centre, Shepperton	11	8	8	8
Tuesday	Salvation Army Hall, Ashford	12	12	12	8
Wednesday	Greeno Centre, Shepperton	9	8	8	8
Thursday	Salvation Army Hall, Ashford Greeno Centre, Shepperton	12 8	12 8	12	8
Friday	Out & about	6	6	6	
Total:		58	54	46	32

	2009/10	2008/9	2007/8	2006/7
Staff	8	7	6	6
Volunteers	10	8	9	5
Student on Work Experience	1	1		
Trustees	7	6	7	2
Total:	25	22	22	13



The 3-year plan

- The requirement:
 - A large number of members would like to attend more often
 - We have a waiting list along with, an increasing number of referrals
 - Research indicates a high proliferation of dementia related illness
- The vision:
 - Provide 100-sessions each week
 - Director/General Manager role
 - Recruit a high profile patron(s)
 - Increase awareness of the charity
- Challenges:
 - Funding
 - Transport
 - Venues
 - High quality staff and volunteers



- Thank you -

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