

Junior Citizen 2009

This year's Junior Citizen event was a resounding success according to the schools involved.

All 20 primary schools in Spelthorne sent their Year 6 pupils (over 1000 in total) to the British Airways community centre in Harmondsworth. The event is based on a series of workshops which include how to save someone who has fallen into water (pictured below), internet and fire safety; how to make a 999 call; first aid and good citizenship.

Roberto Tambini, Chairman of the Spelthorne Safer Stronger Partnership said: **"The partnership is delighted at the success of this year's scheme and in particular the positive outcome for pupils. We are particularly grateful to British Airways for sponsorship of the handbook, use of their community facility and their staff time. Thanks also to the Fire and Rescue Service, Surrey NHS and Surrey Police for their support of the event".**



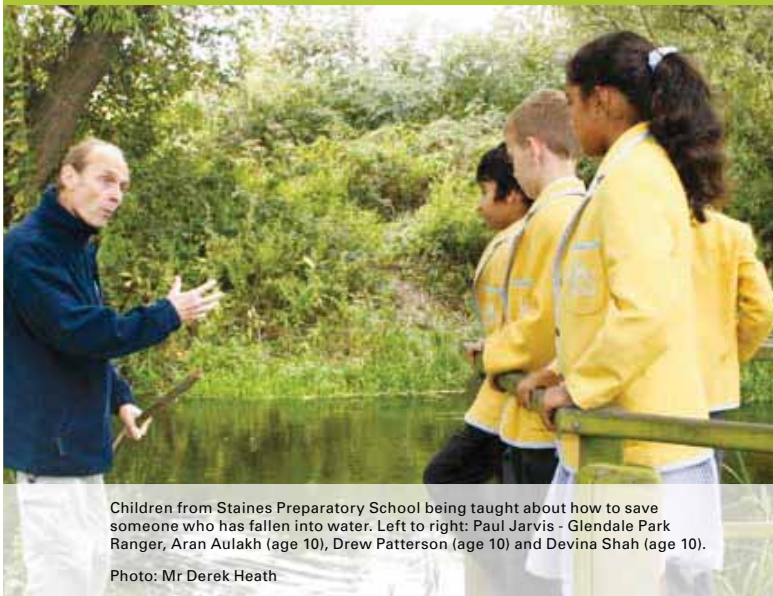
Feedback regarding the event was extremely positive and included the following comments:-

"An invaluable opportunity and experience as always".

"Well organised and a great opportunity for the children. Many thanks to all involved".

"An excellent and vital range of life experiences. Thank you".

 For more information please contact Brian Kingston on **01784 446322** or e-mail **b.kingston@spelthorne.gov.uk**



Children from Staines Preparatory School being taught about how to save someone who has fallen into water. Left to right: Paul Jarvis - Glendale Park Ranger, Aran Aulakh (age 10), Drew Patterson (age 10) and Devina Shah (age 10).

Photo: Mr Derek Heath

Partnership Action Day - 4 February

The next Partnership Action Day (PAD) will be in **Staines Town Centre on Thursday 4 February 2010.**



Photo: courtesy of Surrey Police

Partnership Action Day days give the public an idea about how community safety issues such as crime and antisocial behaviour are tackled. Traffic speed checks, vehicle inspections and checks on licensed premises are also carried out as part of the day's activities.

This event involves Surrey Police, Spelthorne Council, Surrey NHS, Voluntary Action in Spelthorne (VAIS), Surrey County Council, Vehicle Licensing Authority, DVLA, Neighbourhood Watch, CCTV (Safer Runnymede) and Surrey Crimestoppers.

 If you would like further information, please contact the Community Safety Team on **01784 444226** or send an e-mail to **community.safety@spelthorne.gov.uk**

Get Cab-wise this Christmas

With Christmas approaching people will increasingly be turning to cabs to get them home after a night out.

We are urging people to take some simple precautions to make sure they don't use unlicensed cabs - some of whose drivers prey on lone women or the young. These pose a real threat to unsuspecting or vulnerable people. In addition, if you are involved in an accident in an unlicensed vehicle you might not be covered by insurance.

Know your spirits this Christmas

Be careful not to overdo it this Christmas. Some drinks may contain more units of alcohol than you realise.

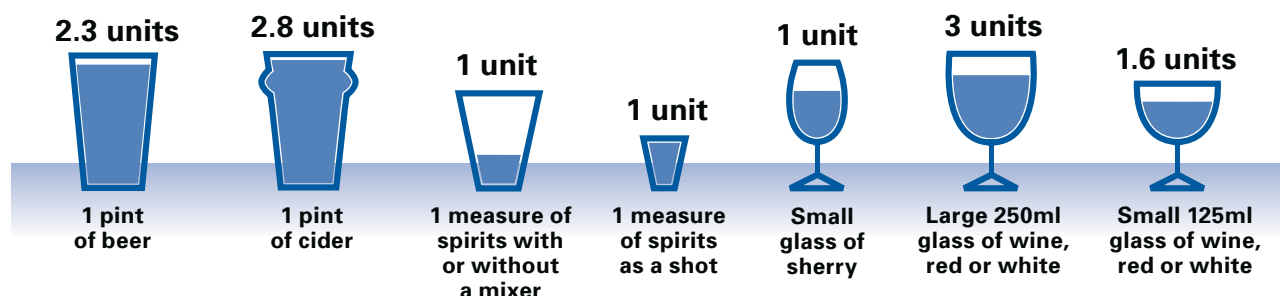
What is hazardous drinking?

Type of drinking	Daily drinking guidelines in units
Sensible (lower risk)	Men who drink fewer than 3-4 units a day and women who drink fewer than 2-3 units a day
Hazardous (increasing risk)	Men who drink 3-4 units and more a day, women who drink more than 2-3 units a day
Harmful (higher risk)	Men who drink more than 50 units a week or eight units per day. Women who drink more than 35 units per week or six units a day

Is hazardous drinking really harmful to my health?

Yes - drinking at hazardous levels can lead to liver problems, depression, reduced fertility, high blood pressure and an increased risk of some cancers as well as contributing to weight gain and obesity.

So what exactly is a unit?



Further help, information and advice

There are many sources of help including - National Drinkline: **0800 917 8282**, Surrey Drug Care 24/7 anonymous helpline (drugs and alcohol) **01483 300 112** and NHS website: **www.units.nhs.uk**. You can also calculate and keep track of your units at **www.drinkcheck.nhs.uk**

All taxis and private hire vehicles must be licensed by the Council – this includes stretch limos. The following are some tips on how to keep safe:

- check the vehicle is licensed before you get in
- tell someone where you are going and what time you expect to be home and if your plans change, let them know
- for pre-booked journeys ask the driver who he or she is waiting for when the car arrives
- keep your mobile phone charged
- if booking a private hire car, ask what the fare will be when you make the booking

For more information please contact David Watts on **01784 446439** or e-mail **d.watts@spelthorne.gov.uk** or Angela Kemp on **01784 444202** or e-mail **a.kemp@spelthorne.gov.uk**

