



Leisure for those with Special Needs

Life Skills Centre, Play, Social Groups, Sports

Focus on:

Sensory Room for Spelthorne

The Sure Start Children's Centre in Hadrian Way, Stanwell has a sensory room that has been specifically designed for children under the age of 11 with disabilities or special needs. The room is also available for use by any children who would benefit from some special time out, to help them relax.

The room is equipped with a range of equipment to provide visual, touch and auditory stimulation or relaxation and the equipment can be set up to suit each child. There is no set length of session, as this can vary according to need.

The room is open 9.30am-4.30pm Monday to Friday and 9.30am-12.30pm on the third Saturday of each month. Booking is advisable to ensure that the room is available and is suitable for each child. Parents/carers need to stay with the children during the session. Please call **01784 241407** to book. Further information on the sensory room and the children's centre is also available on www.stanwellchildrenscentre.co.uk The sensory room was funded by the Big Lottery Fund Children's Play Programme.

Life Skills Centre

The White Lodge Centre

c Head of Service, Terry Broom

t 01932 577981

e tbroom@whitelodgecentre.co.uk

a Jackie Boshier

t 01932 577996

w www.whitelodgecentre.co.uk

v Rendezvous, Holloway Hill, Chertsey

i Resource centre for adults with physical disabilities, sensory impairments and carers. Creative arts, physiotherapy, hydrotherapy, life skills etc. Cafe Bradbury. Drop in for a coffee and find out more.

Play

Heathrow Special Needs Farm

c Farm Manager, Mrs Lisa Jamieson

t 01753 680330

m 07743 476144

e specialneedfarm.heathrow@virgin.net

w www.heathrowspecialneedsfarm.co.uk

v Bath Road, Longford, West Drayton UB7 0EF

i Opportunities for people with varying disabilities of any age to work with animals and horticulture. We have a variety of animals and offer riding lessons.

Social Groups

Ashford Youth Centre

- c** Youth Development Worker
- t** 01784 250811
- w** www.surreycc.gov.uk
- v** Ashford Youth Club, Kenilworth Road, Ashford TW15 3EL
- i** Friday Enterprise youth club for 11-25yrs with a mild to moderate learning disability by referral only 7.30-10pm.

One-to-One (North West Surrey)

- c** Co-ordinator, Mary Thorn
- t** 01784 446279
- m** 07749 931113
- e** 1to1@spelthorne.gov.uk
- v** Takes place in Staines, Chertsey and Weybridge
- i** Social activities for adults with learning disabilities. Sessions run from 7.30 to 9pm.

Sports

British Disabled Water Ski Association

- c** Manager
- t** 01784 483664
- e** southern@bdwsa.org
- w** www.bdwsa.org
- v** The Tony Edge National Centre, Heron Lake, Hythe End Road, Wraybury TW19 6HW
- i** All ages M/F. Water skiing instruction for people with a disability and their friends and family. Regular courses for novices.

Disability Sports Club

- c** Leisure Services
- t** 01784 446433
- e** leisure@spelthorne.gov.uk
- w** www.spelthorne.gov.uk/leisure
- v** Spelthorne Leisure Centre, Knowle Green, Staines TW18 1AJ
- i** M/F 5-25yrs. A wide variety of sports available each week during term time, Saturday 10.15-11.45am. Young people with special needs, their parents and siblings are all welcome. £4 per session, £2 for siblings.

Littleton Phabsail

- c** Secretary, Ros Lamb
- t** 01784 251318
- m** 07754 143638
- e** rossail@aol.com
- w** www.littletonsc.co.uk
- v** Littleton Sailing Club, Littleton Lane, Shepperton, TW17 0NF
- i** We sail in adapted boats for disabled and special needs children and adults. Volunteers and sailors all given a warm welcome. Buoyancy aids provided.

Queen Mary Sailability

- c** Hon. Secretary, Mr Alan Woolford
- t** 01784 343219
- e** saillondon@queenmary.org.uk
- t** 01932 252007
- w** www.queenmary.org.uk
- v** Queen Mary Sailing Club, Ashford Road, Ashford, TW15 1UA
- i** Supervised sailing for people with a disability on Thursday afternoons April to October. Opportunities for young disabled sailors to progress to competitive sailing.

Surrey Rams Wheelchair Basketball Club

- c** Jayne Moynan
- e** jayne_moynan@hotmail.com
- v** Sunbury Leisure Centre, Nursery Road, Sunbury TW16 6LG
- i** M/F 10-18yrs. Friday 5-6.30pm (term time). Cost £2.50 per week. Able bodied young people also welcome.

Focus on: Spelthorne Disability Sports Club



Spelthorne disability sports club

Spelthorne Disability Sports Club takes place on Saturday mornings from 10.15–11.45am at Spelthorne Leisure Centre. The club offers young people with disabilities and their siblings the chance to take part in a wide variety of sports each week as well as offering sport specific coaching for those interested in developing skills. Sports often on offer include trampolining, basketball, football, new age curling, boccia, uni hoc, cricket, tri-golf and more. The club is open to children and young people between the ages of 5 and 25 and costs £4 a week for the 1st child and £2 for siblings.

While the club only operates during term time, other activities such as Canoeing, Gymnastics and Waterskiing are often organised during the school holidays. The club is run by volunteers, supported by Spelthorne Borough Council and we are always looking for more helpers.

If you are interested in becoming a volunteer or if you would like more information on the club please contact Leisure Services on:

01784 446433

or e-mail leisure@spelthorne.gov.uk