



# Sports Clubs

Archery, Athletics, Badminton, Basketball, Bowling, Canoeing, Cricket, Fencing, Football, Golf, Hockey, Martial Arts, Netball, Paragliding, Rifle Shooting, Rowing, Rugby, Sailing, Sports Pitches, Squash, Swimming, Table Tennis, Tennis, Volleyball

## Archery

### Laleham Archery Club

- c** Secretary, Ms Maxine Ravenscroft
- t** 01252 516172
- e** maxine.ravenscroft@btinternet.com
- a** Sean McArdle
- t** 01784 247257
- w** www.lalehamarcheryclub.co.uk
- v** Staines and Laleham Sports Association, Worple Road, Laleham TW18 1HR
- t** M/F 8-80 years+.

### Spelthorne Archers

- c** Secretary, Mr Peter Green
- t** 01895 420209
- e** secretary@spelthornearchers.org.uk
- a** pjgreen1296@yahoo.co.uk or netta.bridle48@hotmail.co.uk
- w** www.spelthornearchers.org.uk
- v** Meadhurst Club, Chertsey Road, Sunbury on Thames TW16 7LN
- t** M/F 8 years+.

## Athletics

### SJAC - Spelthorne

- c** Head Coach, Mr Phil Amos
- t** 01784 255779
- m** 07967 008085
- e** phil@sjac.co.uk
- w** www.sjac.co.uk
- v** Matthew Arnold School, Kingston Road, Staines
- t** M/F 7 to 11 years (Schools years 2-6). Wednesday 5-6pm. £4 per session.

### Walton Athletics Club

- c** Secretary, Ms Debbie Singleton
- t** 01932 225351
- e** jackanddebbie@btinternet.com
- a** Dr David Brown
- t** 01932 228186
- w** www.waltonac.co.uk
- v** Stompond Lane Sports Ground, Stompond Lane, Walton on Thames KT12 0RB
- t** M/F 9 years+. Tuesday and Thursday from 6.30pm, Sunday from 9.30am. Track and Field Athletics.

## Windsor, Slough, Eton and Hounslow Athletics Club

- c** Secretary, Mr Dennis Daly
- t** 01753 686169 **m** 07973 192221
- e** webmaster@wseh.info or rudidad@yahoo.co.uk
- a** Conrad Milton **t** 01784 258851
- w** www.wseh.info
- v** Thames Valley Athletic Centre, Pockocks Lane, Eton
- i** M/F 11-65yrs+. Includes an active veteran section 35yrs+ women/40yrs+ men. All weather track and field activities in all olympic events, cross country and road running. Also indoor 80m track for throws and jumps.

## Badminton

### Ashford High Badminton Club

- c** Chairperson, Mr Ian McBride
- t** 01784 254902
- m** 07929 212196
- v** Thomas Kynvett College, Stanwell Road, Ashford
- i** M/F 18yrs+. Tuesday 7.30-9.30pm. A practice club for experienced players. Open 50 weeks of the year. Quarterly fee of £40 plus 50p per week to cover refreshments and insurance.

### Racquetees Badminton

- c** Player/Coach, Miss S Collins
- t** 01784 257964
- e** shlcollins@aol.com
- a** Jeanette Ellis **t** 01784 449209
- v** Echelford County Primary School, Park Road, Ashford and Bishop Wand Sports College, Sunbury
- i** M/F 5-16yrs. Tuesday at Echelford 5-6.30pm girl-zonely; Friday at Bishop Wand 7.15-9.15pm juniors; Saturday at Echelford 10am-12noon coaching under 11s, 10-11am high5ers for the 4-6yr olds, 10-11am Powerhouse keep fit through badminton for under 11s.



### Everyone Active Badminton and Junior Badminton

- c** Reception
- t** 01932 772287
- e** sunburyinfo@everyoneactive.com
- w** www.everyoneactive.com
- v** Sunbury Leisure Centre, Nursery Road, Sunbury TW16 6LG
- i** Pay and play booking required.

## Basketball

### Spelthorne Atoms Basketball Club

- c** Secretary, Mrs Debbie Bishop
- t** 01784 248042 **m** 07759 365377
- e** atoms@bishops5.freemove.co.uk
- w** www.spelthorneatoms.co.uk
- v** Matthew Arnold School Sports Hall, Kingston Road, Staines TW18 1PF and Bishop Wand School, Layton's Lane, Sunbury
- i** Saturday under ten 9-10am, under twelve 10-11.30am, under fourteen 11.30-1pm at Matthew Arnold School. Under sixteen Thursday 6-8pm at Bishop Wand School.



### Sunbury Sonics Basketball Club

- c** Club Secretary, Ms Sandie Tunesi
- t** 01784 210586
- m** 07759 582125
- e** sandratunesi@hotmail.co.uk
- a** Philip Pavia
- t** 01784 464795
- v** Matthew Arnold School, Kingston Road, Staines
- i** Monday under twelve 6-7.30pm, under sixteen 6.30-8pm.

## Focus on: Club Accreditation in Spelthorne



Club accreditation is a method of recognising and acknowledging quality sports clubs both in Surrey and nationally. The process of accreditation provides a clear and structured approach to developing sports clubs and ensures that the accredited club operates to a set of minimum operating standards. Accreditation helps ensure that the club provides a quality sporting experience for its junior members. Clubs working towards accreditation receive support and advice from sports development officers.

In this directory, accredited sports clubs can be recognised by looking for the clubmark logo next to the club's name. The list of accredited clubs is continuously growing so for an up to date list please visit [www.activesurrey.com/clubs/clubmark](http://www.activesurrey.com/clubs/clubmark) or [www.clubmark.org.uk](http://www.clubmark.org.uk) If you are a member of a club which is interested in working towards accreditation then please contact Leisure Services on 01784 446433 or e-mail [leisure@spelthorne.gov.uk](mailto:leisure@spelthorne.gov.uk)



## Bowling

### Ashford (Middx) Bowling Club

- c** Hon Secretary, Ms Sally Woodhead
- t** 01784 250649
- e** casabianca@talktalk.net
- w** www.ashfordmiddlesexbowlingclub.co.uk
- v** Woodthorpe Road, Ashford TW15 3JX
- t** M/F 16yrs+. May to September. Monday to Saturday 2pm-til dusk, Sunday 10am-til dusk. Free coaching available. Beginners welcome.

### Bishop Duppas Bowls Club

- c** Secretary, Pauline Knapp
- t** 01932 780255
- e** paulineknapp23@googlemail.com
- a** Laurie Gascoigne
- t** 01932 252060 (May-Sept)
- v** Bishop Duppas Park, Walton Bridge Road, Shepperton TW17 8NR
- t** M/F. Every day May to September. Club night Tuesday 6pm. Bowls and social activities. Free coaching available for new players.

### Fordbridge Bowls Club

- c** Secretary, Mr Gavin Boyle
- t** 01784 254345
- v** Fordbridge Park, Kingston Road, Ashford TW15 3SJ
- t** M/F 16yrs+. Lawn bowls new members welcome, beginners or experienced.

### Staines Bowling Club

- c** Hon Secretary, Mrs Shirley Palmer
- t** 01784 451791
- w** www.stainesbowlingclub.co.uk
- t** Staines Park, Knowle Green, Staines
- M/F 16yrs+. Lawn Bowling. New members and beginners welcome.

### Stanwell Bowling Club

- c** Secretary, Miss Hilary Netherwood
- t** 01932 840578
- m** 07710 410231
- e** hilary.netherwood@gmail.com
- a** David Attrill
- t** 01784 259083
- v** Stanwell Recreation Ground, Oaks Road, Stanwell TW19 7LL
- t** M/F 12-65yrs+. Stanwell is a competitive mixed ability club with experienced and novice bowlers both young and old. New members are always welcome.

### Sunbury Sports Bowls Club

- c** Secretary, Mr David Chatterton
- t** 01932 783092
- e** dcchatt@talktalk.net
- a** R Leatherby
- t** 01784 259542
- v** Sunbury Sports Bowls Club, Kenton Court Meadow, Lower Hampton Road, Sunbury TW16 5PS
- t** M/F welcome, tuition starts in May for beginners. Contact secretary for information re joining and tuton from qualified instructors.

### Woodthorpe Bowls Club (Ashford)

- c** Secretary, Mrs Helen Johnson
- t** 01784 457501
- v** Fordbridge Park, Ashford TW15 3SJ
- t** M/F 16-65yrs+. May to September. Tuesday and Sunday 2pm-dusk. Saturday 10-2pm. New members welcome.

## Canoeing

### Elmbridge Canoe Club

- c** Secretary, Mrs Diana Lawler
- t** 01784 454772
- e** diandroland2009@hotmail.com
- a** Mrs D Bates
- t** 01932 244473
- w** www.elmbridgecanoeclub.com
- v** Elmbridge Canoe Club, Dorney Garden Car Park, Walton Lane, Waybridge KT13 8LT
- t** M/F 9-65yrs+. Specialising in the coaching of young people. A competitive club specialising in flat water racing.

### Hampton Canoe Club

- c** Secretary, Mrs Barbara Simmons
- t** 01784 255085
- e** enquiries@hamptoncanoeclub.co.uk
- w** www.hamptoncanoeclub.co.uk
- v** Canoe Club, Bell Hill Recreation Ground, Thames Street, Hampton TW12 2EW
- t** M/F 12-65yrs+.

### Royal Canoe Club

- c** Hon Secretary, Mr Stephen Crehan
- t** 0208 977 5269/0208 397 4675
- e** info@royalcanoeclub.com
- w** www.royalcanoeclub.com
- v** Trowlock Way, Teddington TW11 9QY
- t** M/F 10-65yrs+. Canoeing, rowing, dragonboat racing, and skiffing. Open seven days a week.

### Surrey Canoe Club

- c** Club Secretary, Panagiota Angelopoulou
- t** 0208 399 1858
- m** 07852 777838
- e** info@surreycanoeclub.co.uk
- a** Albert Donovan
- m** 07903 823178
- w** www.surreycanoeclub.co.uk
- v** Felix Lane, Shepperton TW17 8NS, Also Spelthorne and Sunbury Lesuire Centres.
- t** M/F 6-60yrs+. An inclusive club which aims to introduce members to as many disciplines as possible. Specialises in transferring skills across disciplines. Members do not have to attend every week as the coach keeps a development record card for each member.



## Cricket

### Ashford Cricket Club

- c** Club Captain, Mr James Berressem
- t** 01784 229436
- m** 07890 811254
- e** membership@ashfordcc.co.uk
- w** www.ashfordcc.play-cricket.com
- v** Ashford Sports Club, Short Lane, Stanwell TW19 7BQ.
- t** The club runs 4 senior, 6 junior teams and girls/ladies section. From 7yrs+. Opportunities for umpiring and scoring. Part of Ashford Sports Club, facilities available for hire floodlit astro pitch, hard court, cricket pitches and nets.



## Kempton Cricket Club

- c** Secretary, Mrs Celia MacKay
- t** 01784 229315
- m** 07724 085710
- e** celiamacKay@hotmail.com
- a** Mr Frank Hammet (Groundsman)
- m** 07903 458755
- v** Kempton CC, Kempton Avenue, Sunbury TW16 5NG
- i** The club runs 4 Saturday league teams and a Sunday league team plus a 20/20 mid week side. Colts train on Sunday am. Indoor nets are available at the start of the season.



## Shepperton Cricket Club

- c** Chair, Mr John Stabler
- m** 07831 659524
- e** john\_stabler@hotmail.com
- w** www.shepperton.play-cricket.com
- v** Shepperton CC, Manor Park, Russell Road, Shepperton TW17 9HQ
- i** Cricket for everyone from 7yrs upwards. Three Mens teams, three Ladies teams, boys and girls age group teams.



## Spelthorne Sports Cricket Club

- c** Chairman, Mr Alan Arnold
- m** 07738 938964
- e** alan.arnold60@googlemail.com or andrewdonaldson1962@hotmail.co.uk
- a** Andrew Donaldson (Development Officer)
- m** 07837 849540
- w** www.spelthornemelrosecc.co.uk
- v** Spelthorne Sports Club, 296 Staines Road West, Sunbury TW15 1RY
- i** M/F 10yrs+. Cricket for all. Two senior teams one playing on Saturday in the Ram Surrey League and one on Sunday for friendlies. Three junior teams playing in the West Surrey Youth League. Experienced players and novices welcome.



## Sunbury Cricket Club

- c** President, Mr Peter Browne
- t** 01932 783133 (Club)
- m** 07802 444977
- e** president@sunburycricket.co.uk or johnvent@hotmai.co.uk (colts)
- a** John Ventham (colts)
- t** 01932 786223 / 07769 657032
- w** www.sunburycricket.co.uk
- v** Kenton Court Meadow, Lower Hampton Road, Sunbury TW16 6PS
- i** Sunbury CC appeals to a wide range of senior and colts players. We field four Saturday senior sides, all of whom play in the top Divisions of their leagues in the Surrey Championship. We field two or three senior XIs in cup, league and friendly matches on Sundays, together with 11 Colts teams.



## Surrey Cricket

- c** Cricket Development Administrator, Ms Sarah Matthews
- t** 0207 820 5684
- e** smatthews@surreycricket.com or kprice@surreycricket.com
- a** Kim Price
- m** 07500 950517
- w** www.surreycricket.com
- v** Various across Surrey including Spelthorne Leisure Centre
- i** M/F 5-16yrs. 10 week courses start in October and January each year with holiday courses at Christmas, Easter and Summer. The best players could be selected into Surrey's performance programme.

## Fencing

### Egham Fencing Club

- c** Club Secretary, Mr Robert Streeter
- t** 01932 355545
- e** robert@eghamfencingclub.org.uk
- w** www.eghamfencingclub.org.uk
- v** Spelthorne Leisure Centre, Knowle Green, Staines TW18 1AJ
- i** We are always keen to see visitors and new members. Members span all abilities and ages, both social fencers and competition fencers. We hold regular courses throughout the year and provide all the fencing kit, all you need is a t-shirt, trainers and tracksuit bottoms.



## Football

### 1st Touch Football Coaching

- c** Development Manager, Kate Cook
- m** 07792 663338
- e** katrina.cook@tiscali.co.uk
- v** Kempton Park Cricket Ground, Kempton Avenue, Sunbury TW16 5NG
- i** Boys and girls 3-12years. After school clubs, Saturday am football, individual coaching, team coaching, football courses during school holidays also birthday parties. All coaches are qualified and are police checked.

### Ashford Town (Middx) FC

- c** Secretary, Mr Geoff Knock
- t** 01932 872072
- m** 07928 101876
- e** geoff.knock@btinternet.com
- a** Club
- t** 01784 245908
- w** www.ashfordtownmiddlesexfc.com
- v** Short Lane Stadium, Short Lane, Stanwell TW19 7BH
- i** M all ages. Training seniors Tuesday and Thursday, juniors Monday and Wednesday 7.15pm. Junior contact: Kelvin Poulter 07899 067518. New social and playing members welcome.



### Bedfont Town LFC

- c** Manager, Kate Cook
- m** 07792 663338
- e** katrina.cook@tiscali.co.uk
- w** www.pitchero.com/clubs/bedfonttown
- a** Stewart Cook
- m** 07946 170277
- v** The Orchard, Bedfont Town FC, Hatton Road, Bedfont TW14 9QT
- i** We play in Div 1 of the Greater London Women's Football League. Training is on Wednesday 7-9pm at Bedfont Town FC on grass. We are looking to recruit new players of all abilities. Very friendly team with excellent coaches.

### Colne Valley Girls & Ladies Football Club

- c** Chairman, Mr Jason Free
- m** 07849 550643
- e** jason@cvgfc.co.uk
- a** Andy Holdaway (Ladies Manager)
- m** 07730 587411
- w** www.cvgfc.co.uk
- v** Matthew Arnold School, Staines and Kenyngton Manor School, Sunbury TW18 1PF
- i** F 6-65yrs+. Training Tuesday 6-9.30pm at Matthew Arnold School. Girls only mini league 5-11yrs, Sat 10.15-11.30am at Kenyngton Manor Recreation Ground.



## Football Focus in Schools

- c** Director/Coach, Steve Clifford
- t** 01784 241945 **m** 07974 687578
- e** steve@footballfocusinschools.co.uk
- a** Wade Lucas **m** 07976 564307
- w** www.footballfocusinschools.co.uk
- v** See website or contact Steve Clifford
- i** Boys and girls 5-11yrs. Saturday morning soccer schools. 5-6yrs 9.30-10.30am £4 per session, 7-12yrs 10.30am-12noon £5.50 per session. Fun soccer courses in all school holidays 10am-3pm £12 per day. Qualified coaches.

## Middlesex County Football Association

- c** Andy Perren
- t** 0208 515 1927/0208 515 1919
- e** andrew.perren@middlesexfa.com
- w** www.middlesexfa.com
- v** 39 Roxborough Road, Harrow HA1 1NS
- i** Develops and administrates the game in Middlesex. Office based association. County offices are open Monday-Friday 9am-5pm.

## Everyone Active Junior Football Academy

- c** Reception
- t** 01784 493493
- e** spelthorneinfo@everyoneactive.com
- w** www.everyoneactive.com
- v** Spelthorne Leisure Centre, Knowle Green, Staines TW18 1AJ
- i** Junior Football Academy. Thursday 4.30-6pm. Please contact reception for more information or to book.

## Spelthorne Sports and Social Club

- c** Youth Football Secretary, Mr Mike Jenkins
- t** 01932 701573 **m** 07813 107607
- e** michael@entecaccesssystems.co.uk
- a** Ian Croxford **m** 07802 914899
- w** www.spelthornesportsfc.co.uk
- v** 296 Staines Road West, Ashford TW15 1RY
- i** M/F 5yrs to veterans. Football coaching and teams. FA charter standard club.



## Staines Albion Youth FC

- c** Head Coach, Mr Darren Baker
- t** 01784 459620
- m** 07808 254076
- e** staines.albion@btinternet.com
- v** Kingscroft County Junior School, Park Avenue, Staines TW18 2EF
- i** M/F 5-35yrs. Specialist goalkeeper training available. FA qualified coaches. Short soccer arena. Charter standard club.



## Staines Lammas FC

- c** Secretary, Mr Bob Parry
- t** 01784 453886
- m** 07771 947757
- e** bobandtracey1@btopenworld.com
- w** www.staines-lammasfc.co.uk
- v** Laleham Village Recreation Ground (Snrs), Thomas Knyvett College (Juns)
- i** M/F 18-50yrs+. Four adult football teams play on Saturday.

## Staines Lammas Youth FC

- c** Youth Contact, Mr Andy Robertson
- m** 07920 797113
- e** robbo001@btinternet.com
- w** www.slyfc.co.uk
- v** Laleham Village Recreation Ground, Thomas Knyvett College and Kempton Cricket Club.
- i** M/F 6-18yrs. 21 youth teams, play on Sunday.



## Stanwell F C

- c** Secretary, Mr Vince Brimacombe
- t** 01784 255094/07985 679344
- e** vincebrimmo@hotmail.com
- v** The Lucan Pavillion, The Broadway, Laleham TW18 1RZ
- i** Adult football club. Training takes place on Wednesday evenings 7pm. Matches played on Sunday morning in the West Middlesex football league since 1956. New players always welcome.

## Sunbury Sports FC

- c** Secretary, Mr Tim Nolan
- m** 07966 059185
- e** sunburysports@gmail.com
- w** www.sunburysports.co.uk
- v** Medhurst Sports Club, Chertsey Road, Sunbury on Thames TW16 7LN
- i** Adult football team. Trains on Tuesday 7.30-8.30pm.

## Focus on: Spelthorne Sports Awards



The Spelthorne Sports Awards are designed to celebrate the achievements of sport in Spelthorne and recognise not only the outstanding performances of players and local teams but also the many volunteers, coaches and administrators involved in providing sporting opportunities within the Borough.

Organised by Spelthorne Sports Council in partnership with Spelthorne Borough Council the awards are held annually in July. Nominations can be made online between March and June each year. Hard copies of nomination forms are also available in places such as local leisure centres and the Council Offices. You can also request a form be sent to you by calling the Leisure Services team. If you know somebody who deserves an award please nominate them and let them know that their dedication and commitment hasn't gone unnoticed.

Details of all of the award categories and further information can be found at [www.spelthorne.gov.uk/leisure/sport/sportsawards](http://www.spelthorne.gov.uk/leisure/sport/sportsawards) alternatively you can contact the leisure services team on 01784 446433 or e-mail [leisure@spelthorne.gov.uk](mailto:leisure@spelthorne.gov.uk)

## Golf

### Ashford Manor Golf Club

- c** Business Manager, Mr Peter Dawson
- t** 01784 424644
- e** secretary@amgc.co.uk
- w** www.amgc.co.uk
- v** Fordbridge Road, Ashford TW15 3RT
- i** Private golf club, enquiries welcome. Visiting players with handicap certificate welcome Monday to Friday excluding public holidays. Call in advance for availability and green fee payable. Golf societies by prior arrangement.

### Hazelwood Golf Club

- c** Director, Mr Mark Higgs
- t** 01932 770932
- e** hazelwoodgolf@btconnect.com
- w** www.hazelwoodgolf.com
- v** Hazelwood Golf Course, Croysdale Avenue, off Green Street, Sunbury on Thames TW16 6QU
- i** M/F all ages. At Hazlewood we have a unique combination of tuition practice and playing facilities, 9 hole course, 36 bay driving range and golf shop coupled with a bar and restaurant in a modern country club setting.

### Laleham Golf Club

- c** Managing Director, Mr A Killing
- t** 01932 564211
- e** info@laleham-golf.co.uk
- w** www.laleham-golf.co.uk
- v** Laleham Reach, Chertsey KT16 8RP
- i** Established in 1903 and nestled on the banks of The Thames. Laleham golf club is open to the public.

### Sunbury Golf Centre

- c** Manager, Mr Clint Whittaker
- t** 01932 771414
- e** sunbury-manager@crowne-golf.co.uk
- w** www.sunburygolf.co.uk
- v** Charlton Lane, Shepperton TW17 8QA
- i** M/F all ages. Eighteen hole golf course and nine hole golf course with a floodlit driving range. All levels of golfer welcome. Bar, function room and conference facilities available.



## Hockey

### Ashford Hockey Club (Mens and Ladies)

- c** Secretary, Mr Peter Greatorex
- m** 07714 338514
- e** secretary@ashfordhockeyclub.co.uk
- a** Lynne Morgan
- t** 01932 229785
- w** www.ashfordhockeyclub.co.uk
- v** Ashford Hockey Club, The Club House, Short Lane, Stanwell TW19 7BQ
- i** M/F 5years+. M training Tuesday 7.30-9.30pm. F training Wednesday 7.30-9.30pm. Lower XI M Thursday 7.30-9pm. Colts Sunday 9.30-11.30am and Tuesday 6.30-7.30pm.



### Staines Hockey Club

- c** Club Secretary, Ms Caroline Edney
- m** 07979 811881
- e** edders61@yahoo.co.uk
- w** www.staineshockeyclub.com
- v** Staines & Laleham Sports & Leisure Club (SALSAL), Worple Road, Staines TW18 1HR
- i** M/F 5years+. The Club has existed since 1890. It has six male teams, five female teams. One male Vetrans and one mixed. There are in excess of 200 members. The clubs thriving colt section has regular training sessions. Astro turf pitch.



### Sunbury & Walton Hawks Hockey Club

- c** Mr Conrad Ray
- m** 07740 812613
- e** Conrad.ray@sky.com
- a** Emily Ray
- m** 07732 261760
- w** www.swhawks.com.
- v** St. Paul's Catholic College, Manor Lane, Sunbury TW16 6NX
- i** Sunbury and Walton Hawks are a friendly club and are always looking for new members, irrespective of race, gender or ability you will be made welcome.



## Martial Arts

### Ashford Aikido Club

- c** Senior Coach, Mr Glenn Karpel
- e** glenno@gmail.com
- a** Ellis Pratt **m** 07973 397448
- w** www.aikidoryu.org.uk
- v** Staines & Laleham Sports & Leisure Club (SALSAL), Worple Road, Staines TW18 1HR
- i** We have seven mens and four ladies teams so you can be sure you will be able to play at the correct level. We also have a thriving Colts section of over 150 colts from under 8 to under 16.

### Ashford Karate Club

- c** Instructor, Mr Ricky Wright
- t** 0208 751 5766
- m** 07957 658194
- e** ricky693@btinternet.com/wright@ealing.gov.uk
- v** Spelthorne School of Gymnastics College Way Ashford behind Brooklands College
- i** M/F 6-65yrs+. Tuesday 7-8pm children and adults. Qualified M/F instructors also social activities.

### Fighting Edge Kickboxing

- c** Regional Instructor 5th Dan, Mr Terry Bower
- m** 07815 740305
- e** info@fightingedge.co.uk
- w** www.fightingedge.co.uk
- v** Various venues
- i** General fitness, bag and focus work, flexibility, self defence. ACS/NCFE qualified instructors. Dedicated children's classes.

### Martial Arts All Styles

- c** Instructor/Secretary, Mrs Dossett
- m** 01483 720054
- e** bmd@maas.co.uk
- w** www.maas.co.uk
- v** Weybridge and Woking
- i** M/F 6yrs+. Ju Jitsu and Kick Boxing 7-8pm and 8-9pm. Wednesday at Weybridge and Thursday at Woking. Children £4, Adults £5.

## Sailing

### Desborough Sailing Club

- c** Secretary, Mrs Val Woolford
- t** 01932 252007
- m** 07956 622726
- e** valwoolford@aol.com
- a** Clubhouse
- t** 01932 243354 (weekends)
- w** www.desboroughsc.org
- v** Sailing area River Thames, Halliford Bend, Shepperton
- i** The club offers racing, family sailing and social events in a beautiful setting. See the website for more information.

### Littleton Sailing Club

- c** Vanda Jowett
- t** 01932 569157 (club answerphone)
- e** info@littletonsc.co.uk
- w** www.littletonsc.co.uk
- v** Littleton Sailing Club, Littleton Lane, Shepperton
- i** Sailing and windsurfing for all ages. Year round racing programme. RYA recognised training for members by qualified instructors. Social events.

### Queen Mary Sailing Club

- c** Club Secretary, Catherine Rawson
- t** 01784 248881
- e** sailondon@queenmary.org.uk
- w** www.queenmary.org.uk
- v** Queen Mary Sailing Club, The Club House, Ashford Road, Ashford TW15 1UA
- i** M/F 8 years+. Open 7 days a week in the summer 5 days including weekends in the winter. Courses available from March to October.

### Staines Sailing Club

- c** Hon. Secretary, Joyce Threadgill
- t** 01784 451704
- e** info@stainessc.org.uk
- a** Ann Luke
- t** 01932 568442
- w** www.stainessc.org.uk
- v** 105 Chertsey Lane, Staines TW18 3LQ
- i** M/F all ages. Friendly dinghy sailing club. Open every Sunday afternoon from end of March until end of October. Casual sailing on Saturdays during the summer. Social events throughout the year.

### Wraybury Lake Sailing Club

- c** Club House
- t** 01784 483044
- m** 07848 038698
- e** secretary@wlsc.org.uk
- a** Miss Lesley Hall
- m** 07721 867770
- w** www.wlsc.org.uk
- v** Wraybury Lake Sailing Club, 94a Welley Road, Wraybury TW19 5EP
- i** All ages. Family friendly sailing club. Open every Sunday for racing and at other times for special events. A selection of club boats are available, the clubhouse has a bar, galley, barbecue and picnic facilities. For more information see website.

## Sports Pitches

### St James School for Boys

- c** Business Events Manager, Mrs Tracey Fountain
- t** 01784 266935
- m** 07900 266451
- e** tracey.fountain@stjamesschools.co.uk
- w** www.stjamesschools.co.uk
- v** Church Road, Ashford TW15 3DZ
- i** Astro pitches, tennis courts, rugby pitches, cricket pitch.

### Spelthorne sports pitches for hire

- c** Customer Services
- t** 01784 451499
- e** customer.services@spelthorne.gov.uk
- w** www.spelthorne.gov.uk
- i** Football pitches and cricket pitches available for hire. Please see parks section for venue information.

## Squash

### Everyone Active Junior Squash Club

- c** Reception
- t** 01784 493493
- e** spelthorneinfo@everyoneactive.com
- w** www.everyoneactive.com
- v** Spelthorne Leisure Centre, Knowle Green, Staines TW18 1AJ
- i** Junior coaching with Terry Jukes. Monday and Wednesday 4-5pm and 5-6pm. Please contact reception for more information or to book.

## Swimming

### Staines Swimming Club

- c** Teaching pool receptionist, Mrs Kai Merriman
- m** 07914 491442
- e** maintrials@stainesswimming.org
- a** Mick Card Competitive swimming
- m** 07747 642281
- w** www.stainesswimming.org
- v** Matthew Arnold School, Spelthorne, Sunbury and Walton Xcel Leisure Centres.
- i** M/F 4yrs+ swimming lessons. Sessions available after school, and on Saturdays. Mothers and toddlers. Adults evening session. Competitive club swimming and masters.



## Table Tennis

### Ashford Table Tennis Club

- c** Club Secretary, Martin Webb
- t** 01932 788644
- e** ashfordttclub@yahoo.co.uk
- a** Graham Outrim
- t** 01252 836757
- w** www.ashfordttc.co.uk
- v** Ashford Table Tennis Club, Woodthorpe Road, Ashford TW15 3JX
- i** M/F all ages, all standards. We have ten tables available for social play, plus coaching from beginners to advanced players. Ashford is in three local leagues where players of all levels can compete. New members welcome.

# Tennis

## Ashford Tennis Club

- c** Membership Secretary, Mrs Janet Crook
- t** 0208 890 8027
- e** membership@ashfordtennisclub.co.uk
- a** Steve Savage (Juniors)
- m** 07956 493529
- w** www.ashfordtennisclub.co.uk
- v** Ashford Tennis Club, Woodthorpe Road, Ashford, TW15 3JX
- t** M/F 4yrs+ all abilities including beginners. Community tennis club offering coaching and playing facilities. Nine courts all floodlit. The club has an Active Surrey Silver Award and is a mini tennis accredited centre.

## Elmsway Tennis Club

- c** Secretary, Ms Margaret Kissner
- t** 01784 253045
- e** martin.kemble@adp-es.co.uk
- a** Martin Kemble
- t** 01784 258570
- v** Elmsway (off Fordbridge Road), Ashford TW15 2SH
- t** M/F all ages. Grass and floodlit hard courts. Summer season for juniors, starts end of March.

## Shepperton Tennis Club

- c** Chair, Mr Peter Cox
- t** 01932 222003/240654
- e** peterlestercox@aol.com
- a** Rachel Radcliffe (Memb sec)
- t** 01932 888133
- v** Bishop Duppas Park, Walton Bridge Road, Shepperton
- t** M/F 16yrs+. Winter Saturday 1pm-dusk. Summer Wednesday 6-til dusk and Saturday 2-6pm. Visitors welcome for a game.



# Volleyball

## Spelthorne Volleyball Club

- c** Secretary, Mr Brendon Hollands
- m** 07952 901851
- e** info@spelthornevolleyball.co.uk
- w** www.spelthornevolleyball.co.uk
- v** Please call to confirm venue
- t** M/F 18yrs+. Tuesday training 8-10pm. First night free of charge. Matches on Sundays.

# Focus on: Free Tennis in Spelthorne



All tennis courts in the borough are free for members of the public to use, all you have to do is simply turn up and play. With around 20 courts available in the borough there are plenty of locations to have a game:

### Court locations:

- **Staines Park**  
Commercial Road, Staines, TW18 2QJ
- **Cedars Park**  
Green Street, Sunbury, TW16 6QQ
- **Stanwell Recreation Ground**  
Oaks Road, TW19 7LL
- **Lammas Park**  
Wraysbury Road, Staines, TW18 4XZ
- **Fordbridge Park**  
Kingston Road, Ashford, TW15 3SJ
- **Bishop Duppas Park**  
Walton Bridge Road and Russell Road, Shepperton TW17 8NR
- **Ashford Recreation Ground**  
Clockhouse Lane, TW15 2HH

Courts can be booked only by coaches and organisations wanting to coach on the courts. If you are interested in booking the courts for this reason please e-mail Customer Services at [customer.services@spelthorne.gov.uk](mailto:customer.services@spelthorne.gov.uk) or call 01784 451499.



# Uniform Groups

Mixed Groups, Single Sex, Boys Brigade, Girl Guides

## Mixed Groups

### 862 (Sunbury) Squadron

- c** Mr Humphreys
- t** 01932 787894
- e** 862@aircadets.org
- v** Air Training Corps, Croysdale Avenue, Sunbury on Thames TW16 6QN
- t** Monday and Thursday evening 7.15-9.15pm. Anyone aged 13 or over is welcome. We do activities such as flying, gliding, shooting, field craft, abseiling, rock climbing, parachuting, skiing etc.

### Spelthorne District Scout Council

- c** District Commissioner, Mr Neil Gray
- t** 01784 251088
- e** nandjgray@hotmail.com
- w** www.spelthornescouts.org.uk
- v** 13 groups around Spelthorne
- t** See website for information.

### TS Thamesis Staines Sea Cadets

- c** Officer in charge, Mr Steve Bennett
- m** 07966 526016
- e** steve.sa.bennett@talk21.com
- a** Staines and Egham Sea Cadets
- t** 01784 469064
- w** www.sea-cadets.org
- v** The Lammas Recreation Ground, Wraysbury Road, Staines TW18 4XZ
- t** M/F 10-18yrs. Tuesday and Thursday 7.30-9.30pm. The Sea Cadet Corps is a nationwide voluntary uniformed organisation. Cadets have an opportunity to progress and take up positions of responsibility as they acquire skills and seniority.

### Spelthorne Woodcraft Folk

- c** Organiser, Ms Tanya Harris
- t** 01784 252966
- m** 07977 520173
- e** tanya\_j\_harris@hotmail.com
- a** Andy Piercy
- t** 01932 565832
- w** www.woodcraft.org.uk
- v** Ashford Youth Centre, Kenilworth Road, TW15 3EL
- t** Badger Elfins, 6-9yrs Monday 7-8pm. Red Fox Pioneers, 10-12yrs Monday 7-8pm. Oaktree Venturers, 13-16yrs Monday 7.30-9pm.

## Single Sex

### 1st Shepperton Guides and Brownies

- c** Brownie Guider, Mrs Rosemarie Saunders
- t** 01784 462752
- m** 07796 317463
- e** firstsheppertonbrownies@hotmail.co.uk or firstsheppertonguides@hotmail.com
- v** Dawson Hall, Russell Road, Shepperton TW17 9HY
- t** Brownies Friday 5.45-7.15pm. Guides Friday 7.30-9.30pm.

### Boys Brigade (7th North Surrey)

- c** Captain, Mr Justin Camis
- t** 01932 772711
- m** 07768 726203
- e** bb7thnorthsurrey@aol.com
- a** Pastor Mark Conlon
- t** 0208 890 2783
- w** www.boys-brigade.org.uk
- v** Ashford Common Methodist Church, on the junction of Feltham Hill Road and Saxon Road
- t** Monday 5.30-6.45pm 5-8yrs, Monday 6.30-8.00pm 8-11yrs, Thursday 7-9.15pm age 11yrs+.

### Girlguiding (Ashford District)

- c** District Commissioner, Mrs Hazel Harvey
- t** 01784 250940
- m** 07763 717067
- e** girlguidingashford@gmail.com
- w** www.girlguidingashford.org.uk
- v** Various locations in the Ashford area
- t** Weekly meetings for Rainbows, Brownies, Guides and Rangers. Enquiries from prospective female volunteer leaders 14-65yrs always welcome.

### Girlguiding

#### (Staines, Stanwell and Laleham District)

- c** District Commissioner, Mrs Katie Richardson
- t** 01189 610460
- e** info@girlguidingstaines.org.uk
- w** www.girlguidingstaines.org.uk
- v** Various locations in the Staines and Laleham areas
- t** Rainbows (5-7yrs) Brownies (7-10yrs) Guides (10-15yrs) Rangers (14yrs+)

### Girls Venture Corps Air Cadets

- c** Committee Member, Mr Goff Newman
- t** 01784 257452
- e** gvcac1348feltham@hotmail.co.uk
- a** Jayne Lawley-Morris
- m** 07789 614811
- w** www.gvcac.org.uk
- v** Feltham Garrison, Elmwood Avenue, Feltham
- t** F 11-20yrs. Wednesday 7.30-9.30pm. Challenging activities including flying, water sports, Duke of Edinburgh, camps, activities and leadership training.

