



# SURREY Youth Games 2009



## Team Spelthorne Coaching programme

For more information please call Leisure Services on **01784 446433** or e-mail [leisure@spelthorne.gov.uk](mailto:leisure@spelthorne.gov.uk) or visit [www.spelthorne.gov.uk/surreyyouthgames](http://www.spelthorne.gov.uk/surreyyouthgames)



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number of coaching sessions leading up to the games, so all you have to do is turn up and join in. Equipment will be provided. Teams will be chosen to represent Spelthorne from those attending the coaching sessions. The 2009 Surrey Youth Games will take place on 20 - 21 June. The first session is free for all sports. After the initial session there will be a fee of £10 for the whole coaching programme, exclusions apply to some sports. Details of how to make this payment will be provided at the training sessions.

The Surrey Youth Games is an exciting youth sports event which gives young people aged 7-15 years some experience of competing in a major sporting event. Teams from the 11 Districts and Boroughs in Surrey compete against each other in a variety of sports including badminton, basketball, boccia, girls football, hockey, judo, netball, rugby and swimming. Last year Team Spelthorne won the overall event. Come and join in this year and help Spelthorne retain the title. The Surrey Youth Games are a great opportunity for young people to try a new sport or improve existing skills. Qualified coaches provide a



# What are the Surrey Youth Games?

# Team Spelthorne

## Coaching programme

If you would like to take part in one or more of the sports below, please fill in the form attached and bring it when you attend your first session. Don't worry if you miss the first date you can still come along to the next session. Teams will be chosen to compete at the Surrey Youth Games from those attending the training sessions. To compete for Team Spelthorne you must either live or go to school in Spelthorne.

	sport	time	dates	location	school year
<i>Mixed sports</i> 	Junior badminton <sup>3</sup>	Wednesdays 5 - 6pm	29 April - 3 June	Spelthorne Leisure Centre	Years 5 and 6
	Senior badminton <sup>3</sup>	Fridays 4 - 6pm	1 - 29 May	Spelthorne Leisure Centre	Years 7, 8 and 9
	Boccia - disability	Saturdays 11am - 12pm	9 and 23 May, 6 and 13 June	Spelthorne Leisure Centre	Year 6 and under
	Boccia - disability	Saturdays 11am - 12pm	9 and 23 May, 6 and 13 June	Spelthorne Leisure Centre	Year 11 and under
	Hockey	Wednesdays 6.30 - 8pm	6 May - 17 June	Staines Hockey Club	Years 5 and 6
	Judo <sup>1</sup>	Tuesdays 7.30 - 8.30pm	28 April - 16 June	Leacroft Centre, Staines	Years 3 - 11
	High 5 netball <sup>3</sup>	Mondays 5 - 6.30pm	27 April - 1 June	Netball courts, Matthew Arnold School	Years 5 and 6
	Tag rugby <sup>3</sup>	Saturdays 1 - 2.30pm and Wednesdays 5 - 6pm	9, 13, 16, 20, 23 May	Staines Rugby Club, Sunbury	Years 3 and 4
	Mini squash	Saturdays 10 - 11.30am	25 April - 13 June	Spelthorne Leisure Centre	Year 6 and under
Full squash	Sundays 10 - 11.30am	26 April - 14 June	Spelthorne Leisure Centre	Year 7 and under	
<i>Boys sports</i> 	Basketball <sup>3</sup>	Saturdays 3 - 5pm except 2/5/09 when time changes to 3.30 - 5.30pm	25 April - 30 May except 9/5/09 when there is no session	Spelthorne Leisure Centre	Years 7, 8 and 9
	MLD <sup>2</sup> football - disability	Thursdays 6 - 7pm	30 April - 18 June except 4/6/09 when there is no session	Spelthorne Leisure Centre	Years 9 and 10
	Hockey	Wednesdays 6.30 - 8pm	6 May - 17 June	Staines Hockey Club	Years 7 and 8
	Swimming <sup>1</sup>	Saturdays - time to be confirmed	23, 30 May and 6 June. There will be a timed session or Gala on 23 May	Spelthorne Leisure Centre	Years 5 and 6
<i>Girls sports</i> 	Basketball <sup>3</sup>	Saturdays 3 - 5pm except 2/5/09 when time changes to 3.30 - 5.30pm	25 April - 30 May except 9/5/09 when there is no session	Spelthorne Leisure Centre	Years 7, 8 and 9
	Football	Wednesdays 6 - 7pm	22 April - 17 June	Matthew Arnold School Astro	Years 3 and 4
	Football	Wednesdays 7 - 8pm	22 April - 17 June	Matthew Arnold School Astro	Years 5 and 6
	Hockey	Wednesdays 6.30 - 8pm	6 May - 17 June	Staines Hockey Club	Years 7 and 8
	Netball <sup>3</sup>	Mondays 6.30 - 8.30pm	27 April - 1 June	Netball courts, Matthew Arnold School	Years 7, 8, 9 and 10
	Swimming <sup>1</sup>	Saturdays - time to be confirmed	23, 30 May and 6 June. There will be a timed session or Gala on 23 May	Spelthorne Leisure Centre	Years 5 and 6

<sup>1</sup> additional eligibility criteria applies to these sports please contact Leisure Services on 01784 446433 or visit [www.spelthorne.gov.uk/surreyyouthgames](http://www.spelthorne.gov.uk/surreyyouthgames) for more details. Please note for swimming you must register in advance by contacting the Leisure Services team.

<sup>2</sup> MLD - moderate learning difficulty

<sup>3</sup> additional team training sessions will take place in these sports for players selected for the games. These will be held on the weeks leading up to the games and will be on the same day at the same time as the advertised sessions.

### Registration form for the Surrey Youth Games coaching sessions

(Please complete this form and hand it to the coach at your first training session of your chosen sport. If you wish to take part in more than one sport then one form for each sport must be completed)

Sport: \_\_\_\_\_

Child's name: \_\_\_\_\_

Child's Address: \_\_\_\_\_

Child's Postcode: \_\_\_\_\_

Telephone (daytime): \_\_\_\_\_

Telephone (evening): \_\_\_\_\_

E-mail: \_\_\_\_\_

Child's Age: \_\_\_\_\_ Date of birth: / /

Child's School: \_\_\_\_\_ School year: \_\_\_\_\_

How many times a week does your child currently take part in 60 minutes of exercise? Please tick:

once a week or less  twice a week  three times a week   
four times a week  five times a week  six times a week   
seven times a week or more

Is your child a member of a sports club? Please tick

Yes  no

If 'Yes', which one: \_\_\_\_\_

Ethnicity, please tick:

Asian  Asian British  Black  Black British

Chinese  Mixed  White  Other (please state) \_\_\_\_\_

### Surrey youth Games 2009

Are you available to compete in the Surrey Youth Games on the following dates? Please tick

Saturday 20 June: yes  no

Sunday 21 June: yes  no

How did you hear about Surrey Youth Games? \_\_\_\_\_

### Parental consent

This section must be filled in by the parent or guardian of the individual taking part.

Please give details of any allergies, illness, special needs and dietary restrictions your child has: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_

Emergency contact telephone: \_\_\_\_\_

**Photography:** Official photographs and videos may be taken during the coaching sessions and at the Surrey Youth Games for use in future media publications and youth games promotional material. If you **do not** wish your child's picture to be taken then please contact Leisure Services on **01784 446431** prior to the session.

I consent that in the event of any illness / accident, any necessary treatment can be administered to my child and that they may be taken to hospital in the event of an emergency. I also understand that the sports coaches and Surrey Youth Games personnel will take every precaution to ensure that accidents do not happen, and they cannot be held responsible for any loss, damage or injury suffered by my child.

Parent / Guardian's signature: \_\_\_\_\_

Date: \_\_\_\_\_

